



*Founded on providing exemplary service specifically  
designed for the unique needs of the aviation industry.*

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Chef Charles Inflight Catering is your premier food service provider for all of your mile-high gourmet needs. Having been in the catering business for the past ten years, Chef Charles is no stranger to creating bespoke menus and dishes. Since 2013, Chef Charles Inflight catering has been working closely with cabin crews to create meals specifically catered to passengers' tastes. Whether it's southern fried chicken or country style pâté, you can be sure that every dish is created to the highest standards.

Thank you for considering Chef Charles Inflight Catering and we look forward to serving you.

Sincerely,

*Chef Charles Semail*

## SPECIAL SERVICES

International Cuisine  
Special Request Recipes  
Custom Menus  
Specialty Wines  
Cabin Supplies  
Linen and Laundry Service  
Personal Shopping  
Dry Ice  
Fresh Flowers and Arrangements  
6 am to 8 pm service/7 days a week

## AIRPORTS SERVED



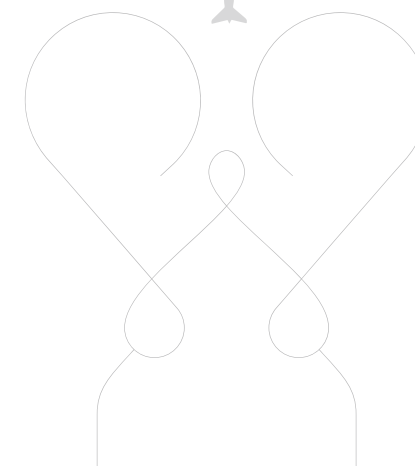
Charlotte // **CLT**

Concord // **JQF**

Delivery fee applies to each location

[www.chefcharlesinflightcatering.com](http://www.chefcharlesinflightcatering.com)

P: 704-423-8300



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# BREAKFASTS

*An early start to your trip needs a great start to your day.  
Choose from our selection of hot- and continental-style breakfasts.*



# BREAKFAST BOXES & TRAYS

## Continental Breakfast

Fresh fruit and berry bowl, assorted gourmet breakfast pastries, butter and jam.

## Deluxe Continental

Fresh fruit plate, low fat yogurt, granola, fresh orange juice, assorted gourmet breakfast pastries, butter, jam and cream cheese.

## Cornflakes Breakfast

Two individual serving boxes of cornflakes with your choice of whole, 2% or skim milk, a breakfast pastry, and fresh fruit and berry bowl.

## Low Carb Breakfast

Bowl of fresh seasonal berries, low fat cottage cheese, sliced hard boiled eggs, and low fat yogurt.

## Assorted Bagel Basket

Assorted fresh bagels served with cream cheese, butter and jam. Flavored cream cheese is available upon request.

## Gourmet Breakfast Pastry Tray

Assorted fresh baked pastries that include pain au chocolat, scones, bagels, muffins, croissants, served with butter, jam and cream cheese.

## Lox and Bagel Tray

Thin slices of smoked Scottish salmon served with capers, fresh sliced tomatoes, red onions, lemon wedges hard boiled eggs, fresh bagels and cream cheese.

## Mixed Berry and Granola Parfait

Seasonal fresh berries layered with low fat yogurt and granola.

## Fresh Sliced Fruit Tray

An assortment of seasonal fruit and berries.

# BREAKFASTS

## Scrambled Eggs Breakfast

Two scrambled eggs, with your choice of one breakfast meat or one breakfast vegetable and potatoes.

## House Omelets

Western, vegetarian, spinach and feta, roasted turkey and fresh tomato, or gruyere and ham.

## Create Your Own Omelet

Three eggs omelet with fillings of your choice. Egg whites or egg beaters are available upon request.

## Steak and Eggs

Two eggs any style, 4 oz. filet mignon grilled to your specifications and potatoes.

## Wild Mushroom, Spinach and Goat Cheese Frittata

Spanish style open-faced omelet topped with wild mushroom, spinach and goat cheese. Served with your choice of one breakfast meat or one breakfast vegetable.

## Home Style Whole Grain Pancakes

A stack of whole grain pancakes with butter and maple syrup. Served with your choice of one breakfast meat or one breakfast vegetable. fruit toppings and whipped cream are available upon request.

## Southwestern Breakfast Burrito

Scrambled eggs, hot pepper cheese, red and green peppers, onion, diced tomato and your choice of one breakfast meat wrapped in a flour tortilla served with chunky salsa and sour cream.

## BREAKFAST MEATS

Hickory Smoked Bacon  
Turkey Bacon  
Canadian Bacon  
Pork Sausage  
Turkey Sausage  
Maple Ham

## BREAKFAST VEGETABLES

Grilled Tomato Crowns  
Grilled Zucchini & Squash  
Grilled Portabella Mushroom  
Potato O'Brian



# LUNCH, SALADS, & SOUPS

*An assortment of lunch selections to suit every need  
and every taste, designed to delight and satisfy.*



# BOX LUNCHES

Each box is served with fresh fruit and berry cup, your choice of homeade side salad, fresh baked cookies, all condiments and utensil packets. Bag of kettle chips available upon request.

## SANDWICHES

### Traditional Box Lunch

A hearty sandwich of your choice served on fresh baked bread, roll or wrap.

### Deluxe Box Lunch

Your choice of a traditional box lunch plus jumbo shrimp cocktail, gourmet cheese and crackers.

### Chicken and Grape Tarragon Salad on Freshly Baked Croissant

### Roasted Turkey Chef Charles Style

with smoked gouda, cranberry chutney spread on honey wheat bread.

### Marinated Sliced Filet Mignon

4 oz. seasoned filet mignon, chilled and sliced, red onions and sliced aged cheddar served on a fresh baked baguette and our creamy horseradish sauce on the side.

### Vegetarian Wrap

Red and green peppers, carrots, portabella mushrooms, zucchini and squash wrapped in a flour tortilla with hummus, field greens and feta cheese. Basil pesto mayonnaise is served on the side.

### Low Carb Box Lunch

Two sliced hard boiled eggs, sliced tomatoes, assorted relishes, assortment of sliced deli ham, roasted turkey, salami and cheddar cheese with a side of mixed berries.

### Traditional Club

Includes turkey, ham, cheese, bacon, lettuce and tomato. Served on white bread with mayonnaise on the side.

## SIDE SALADS

- White Dijon Potato Salad
- Duo Southern Potato Salad
- Italian Pasta Salad
- Greek Orzo Pasta Salad
- Tabbouleh Salad

# SALADS

### Capri

Mixed greens, fresh tomatoes, mozzarella and homemade croutons served with a side of olive oil and balsamic vinegar.

### Traditional Caesar

Please select one topping.

Grilled pesto chicken, rosemary shrimp, balsamic salmon or grilled vegetables.

### Green on Green

Fresh green beans on bib lettuce with a julienne of poached chicken breast with a side of citrus dressing.

### Santa Fe

Romaine, Avocados, black beans, roma tomatoes, roasted peppers blackened chicken with a side of creamy chipotle dressing.

### Chef Salad

Mixed fresh greens, ham, turkey, swiss cheese, bacon bits and sliced hard-boiled egg with a side of house dressing.

### Florida

Fresh spinach and orange salad with steamed shrimps sliced cherry tomatoes served with a side of curry dressing.

### Garden Party

House baby field greens with grilled vegetables and a side of herb vinaigrette.

### Williams

Green leaf lettuce with roasted pear slices and blue cheese crumbles served with a side of creamy honey mustard dressing.

# SOUPS

- Carrot and Ginger Bisque
- Lentil and Minestrone
- Pulled Pork Brunswick Stew
- Italian Wedding
- Chicken Noodle
- Tomato with Basil
- Beef Barley
- Roasted Butternut Squash



# EXECUTIVE PLATTERS

*For the most discerning palettes, we have created an elegant array of the finest cuisine.*



## EXECUTIVE PLATTERS

Some items require advance notice.

### Marinated Steak and Chicken Medley

Filet mignon and sliced chicken breast marinated in rosemary and olive oil. Served with our creamy horseradish sauce, Tarragon honey mustard sauce and petite rolls with side grilled vegetables.

### Surf and Turf Medley

Succulent lobster tail, jumbo shrimp with a side of spicy cocktail sauce and lemon wedges. Citrus scallops, sliced filet mignon with our creamy horseradish sauce and Provencal herbs grilled chicken brochettes. Served with a side of our tarragon honey mustard sauce.

### Hot Smoked Chicken Wings

Served with ranch and blue cheese dressings, celery and carrot sticks on the side.

### Deluxe Seafood Medley

Succulent lobster tail, jumbo shrimp, citrus diver scallops, jumbo lump crab timbale served with a side of lemon wedges, spicy cocktail sauce, homemade remoulade and cognac Louis sauces.

### Jumbo Shrimp Cocktail

Served with lemon and lime wedges and spicy cocktail sauce.

### Sliced Filet Mignon

Slow-cooked filet mignon, carved and served with creamy horseradish sauce, cold béarnaise sauce and petite rolls. garnished with grilled vegetables.

### Imported and Domestic Cheese

An assortment of imported and domestic cheeses garnish with red seedless grapes and fresh berries. Served with gourmet crackers and toasted nuts.

### Vegetable Crudité

Assortment of fresh vegetables that includes celery sticks, baby carrots, seedless cucumbers, cherry tomatoes, broccoli, zucchini, squash, assorted bell pepper strips and radish crowns served with ranch dressing and lemon hummus dip.

### Fresh Sliced Fruit Tray

Assorted melons, berries and other seasonal fruits.

### Hummus Duo and Pita Basket

Roasted red pepper hummus and lemon hummus served with grilled pita bread triangles and homemade tortilla chips.

### Italian Meat and Cheese Tray

An assortment of spicy Italian meats including prosciutto, sopressata, salami and a assortment of imported and domestic cheeses. Served with gourmet crackers.

### Antipasto Platter

Stuffed grape leaves, roasted red peppers, sundried tomatoes, prosciutto wrapped asparagus, assorted olives, onions and spicy Italian meats. Served with gourmet crackers and grilled flatbread basket.

### Japanese Sushi and Sashimi Tray

An assortment of fresh sushi and sashimi served with wasabi, fresh ginger and soy sauce.

### Boneless Chicken Tender Tray

Seasoned chicken tenders (grilled or breaded) served with bbq sauce, ranch dressing and creamy honey tarragon mustard dipping sauce.



# SNACKS & HORS D'OEUVRES

*For a lighter alternative, peruse our selection of snacks and v'oeuvres.*



## HORS D'OEUVRES

### VEGETARIAN

Cucumber and dill cream cheese on white thin bread.

Pesto asparagus wrapped in phyllo dough.

Carolina pimento cheese on white bread.

Basil marinated mozzarella tomato bamboo skewers.

Phyllo cup filled with white bean hummus and sundried tomatoes.

Lemon marinated tortellini and sundried tomato skewers.

### FISH

Dill scone and Scottish salmon with lemon sour cream.

Louie crab salad stuffed cherry tomatoes.

Charleston lobster salad on petite brioche rolls.

Minted shrimp spring rolls.

Tuna torte phyllo cup.

### MEAT

Marinated prosciutto wrapped asparagus.

Pan seared petite filet medallion on our cracked pepper scone with red onion confit.

Beef roll skewer with grilled green onion and teriyaki glaze.

Mint marinated lamb kebabs with tahini and honey dip.

## SNACKS

Toasted mixed nuts with rosemary and sea salt.

Spicy paprika cashews.

Ginger scented pecans.

Rosemary and parmesan crackers.

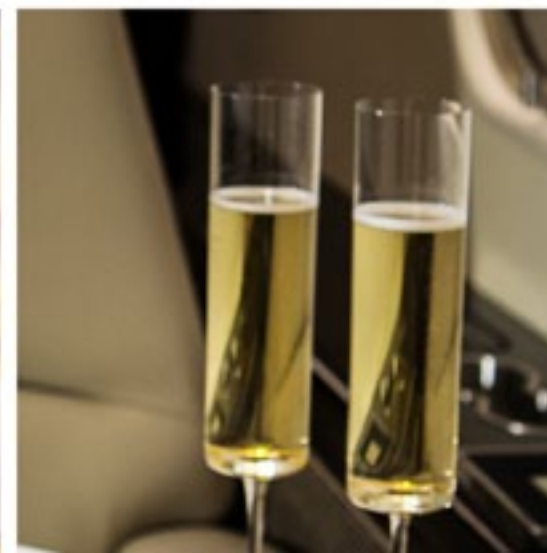
Homemade potato chips with sea salt.

Parmesan poppy puff pastry straws.



# ENTREES

*While jet-setting in the evening, our wide selection of entrees provides the perfect accompaniment to your journey.*



## ENTREES

### POULTRY

#### **Twin Garlic and Herb Chicken Breast**

Sautéed with olive oil, garlic, tomatoes and herbs.

#### **Stuffed Chicken Breast**

Chicken breast stuffed with Bavarian ham and boursin cheese topped with a wild mushroom cream sauce.

#### **Chicken Limon**

Medallions of white meat chicken sautéed with fresh lemon and white wine in a light herb butter sauce.

#### **Chicken Parmesan**

Herb crusted chicken breast topped with a tomato basil sauce, provolone and parmesan cheese.

#### **Tuscan Chicken**

Chicken breast stuffed with roasted red peppers, mushrooms, parmesan cheese and fresh herbs, wrapped in prosciutto.

#### **Chicken Breast Au Vin**

Classic French coq au vin, served with glazed pearl onions and apple wood bacon in a rich red wine sauce.

### VEAL

#### **Veal with Peppers**

Seasoned veal cutlet with assorted bell pepper strips and burgundy demi glaze.

### BEEF

#### **Grilled Filet Mignon**

A thick center cut 8 oz. fillet cooked to your liking.

#### **Filet Medallions**

With caramelized onions and pinot noire reduction.

#### **Steak Florentine**

Strip steak served over wilted spinach, with gorgonzola and pine nuts finished with a dried cherry red wine reduction.

#### **BBQ Bacon Meatloaf**

Seasoned ground beef glazed with a tangy bbq sauce and wrapped in hickory smoked bacon.

#### **Black Angus Meatballs**

with roasted garlic and tomato sauce.

### LAMB

#### **New Zealand Rack of Lamb**

Fresh herb crusted and Dijon mustard rack of lamb roasted to perfection served with fresh winter chimichurri sauce.

#### **Irish Lamb Stew**

Tender diced leg of lamb in a rich irish whisky cream sauce.

#### **Dried Fruits Lamb Tagine**

Combination of diced leg of lamb with dried prune and apricot in a rich stew sauce And garnish with toasted almond.

ENTREES

CONTINUED

PORK

Pork Tenderloin Au Poivre

Black pepper crusted pork tenderloin and cognac cream sauce.

Normandy Stuffed Pork Tenderloin

Stuffed with fresh apples and tarragon shallots sauce.

Pork Tenderloin

with apple and fig stuffing.

Peppered Pork Loin

Grilled pork tenderloin with a Dijon, cognac, and cream sauce.

Creole Stuffed Pork Loin

Stuffed with Andouille sausage, artichokes and fresh herbs.

North Carolina Pulled Pork Slider

House made bbq pork with sweet red bbq sauce.

Pork Saltimbocca

Stuffed with sun dried tomato/fresh mozzarella/ fresh basil. Topped with a smoked tomato sauce.

Apple Cider Grilled Pork Tenderloin

Lightly grilled and served with green peppercorn compound butter.

SEAFOOD

Pan Seared Citrus Diver Scallops

with pink peppercorn sauce.

Grilled Mahi Mahi Provençale

Topped with tomato black olive basil sauce  
White shrimp and crab meat in a rich burgundy cream sauce served in a flaky puff pastry shell.

Classic Blue Crab Cake

Served with cold French remoulade or lemon vermouth cream sauce.

Lobster Cake

Served with a saffron aioli.

Pecan Crusted Salmon

Topped with tomato relish.

Sesame Seared Tuna Steak

with Asian slaw, toasted sesame and soy sauce.

Lobster and Shrimp

Sautéed with olive oil, fresh citrus and cilantro.

Seafood Vol Au Vent

Combination of sautéed lobster and diver scallop in a creamy white wine sauce.

ENTREES

CONTINUED

VEGETARIAN

Grilled Portabella Mushroom

Stuffed with Provençale vegetable stew.

Stuffed Portabella Mushroom

Topped with ratatouille.

Roasted Eggplant and Tomato Tart

Eggplant and red plum tomato with fresh basil in a flake tart shell and farm egg custard.

Leek and Goat Cheese Galette

Fresh leek and goat cheese with fresh herbs and crème fraîche wrapped in buttery Pastry dough.

Mushroom Turnovers

Puff pastry stuffed with mushroom ragout.

Zucchini Flat Bread

with cherry tomatoes and feta cheese  
Homemade pizza dough topped with sliced zucchini, roasted tomatoes and domestic feta cheese.

Grilled Vegetable Napoleon

Assortment of layered grilled vegetables and herb cheeses. Served over tomato basil sauce and shaved parmesan.

Asian Vegetable Stir Fry

Grilled mixed vegetables with broccoli florets, sliced mushrooms, roasted red peppers, snow peas, onions and green beans sautéed in an oriental sauce.



## PASTAS

\*Whole wheat pasta available upon request.

**Roasted Garlic and Spinach Ravioli**  
Topped with fresh tomato sauce.

**Smoked Chicken Ravioli**  
Topped with a tarragon cream sauce.

**Three Meat Lasagna**

**Seafood Lasagna**

**Vegetable Lasagna**

**Fettuccine with Roasted Tomato Alfredo**

**Spaghetti Bolognese**

**Penne A La Vodka**

**Linguini Marinara**

**Penne**  
with garlic, spinach and sundried tomato cream sauce.

## POTATOES

**Double Stuffed with Sweet and Duchess Potatoes**

**Twice Baked Potato**  
**Herb potato pancakes**  
**Garlic Mashed Potatoes**  
**Roasted Red Potatoes**  
**Parsley Buttered Potatoes**  
**Lyonnais Potato**  
**Potato Au Gratin**  
**Honey Roasted Sweet Potatoes**  
**Gorgonzola Stuffed Red Bliss Potatoes**  
**Wild Mushroom Potatoes Au Gratin**

## RICE & RISOTTO

**Long Grain Wild Rice Pilaf**  
**Risotto Primavera**  
**Wild Mushroom Risotto**  
**Saffron Risotto**  
**Parmesan Asparagus Risotto**  
**Quinoa** with fresh corn and scallion

## VEGETABLES

**Asparagus, Grilled or Steamed**  
**Steamed Broccoli** with herb crumbs  
**Seasonal Mixed Vegetables**  
**Fresh Green Beans Almondine**  
**Wilted Spinach** with olive oil and fresh garlic  
**Grilled Squash** with fresh bell peppers  
**Grilled Half Tomato** with Provençale Herbs  
**Spinach Timbale**  
**Vegetable Stir Fry** with teriyaki glaze

# DESSERTS

*The perfect end to our fine meals created to please every sweet tooth on your voyage.*



## DESSERTS

Special requests and dessert recipes are welcomed.  
Some items may require advance notice.

### **Assorted Fresh Baked Cookies**

Chocolate chip, oatmeal raisin, sugar  
macadamia nut and peanut butter.

### **Double Fudge Chocolate Brownies**

### **Chocolate Covered Strawberries**

### **Chocolate Pot De Creme**

### **Cheesecake Lollipop Assortment**

### **Berries and Cream Tumbler**

### **Pound Cake**

with fresh mixed berries, berry coulis and  
whipped cream.

### **Crème Brulee**

Vanilla, grand marnier or espresso.

### **Assorted Fruit Tartlets**

### **Mini Dessert Tray**

Includes mini cheesecakes, petite fours,  
and chocolate covered strawberries.

### **Almond Pear Tarte**

### **Normandy Apple Pie**

### **French Opera Cake**

### **Flourless Chocolate Cake (Gluten free)**

### **Lemon Crinkle Cookie (Gluten free)**

### **Chewy Coconut Bar (Gluten free)**